

Replacing your bike tire

Note: Tire levers recommended for replacing tires

Removing the old tire:

- 1. Remove the wheel from the bike.
- 2. Completely deflate the tire.
- 3. Slide the rounded end of one of the tire levers between the tire and the rim. Working slowly and taking care not to pinch the tube, pry the tire away from the rim by locking the free end of the tire lever into the spokes.
- 4. Slide a second tire lever between the tire and rim. Work this lever around the rim until the tire pops free.
- 5. Remove the tire and inner tube from the rim.

Installing the new tire:

- 6. Take the new tire and slip one edge of it all the way around the rim. It should be possible to do this by hand, although you can use one of the tire levers if necessary.
- 7. Inflate the inner tube slightly. Place the inner tube completely inside the new tire, taking care to line up the inner tube valve with the valve hole in the rim.
- 8. Gently roll the tire into place over the rim edge. Work slowly and avoid pinching the tube between the tire edge and rim. Using your hands, roll as much of the second edge of the tire onto the rim as possible.
- 9. Insert a tire lever between the rim and the portion of the tire that is not yet installed. Slowly push the tire lever upward and force the tire over the rim edge.
- 10. Inflate the tire to the recommended pressure written on the side of the tire, and replace the wheel on the bike.

















Step 9

Step 10